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4 Common Myths About Colon Cancer



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Myth #1

You only need to get a colon cancer screening if you have symptoms

Colorectal cancer is considered a silent disease. More than 50% of people diagnosed with colorectal cancer are asymptomatic.



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Myth #2

You can't get colon cancer until you're older

Shockingly, incidence rates for early-onset colorectal cancer have been on the rise. 11% of colon cancer diagnoses and 18% of rectal cancer diagnoses occur in individuals under 50 years old.

Myth #3

Colorectal cancer can't be prevented

Colon cancer first starts as a small non-cancerous growth called a polyp. If detected early through a colonoscopy, your doctor can remove it and prevent it from becoming cancerous.



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Myth #4

A colonoscopy sounds painful and unpleasant

Getting a colonoscopy is not as bad as it sounds! You will be sedated before the procedure so you won't feel anything.



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